



TOP SURGEON AWARD OF  
2013-2014-2015  
as seen in  
*The New York Times*

SCHEDULE APPOINTMENT

760-778-5220



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## Dr. Bobby's Bariatric Bulletin

Good things come to those who sweat.

### Exercise Class

Don't Forget about our Free exercise class offered every Tuesday 6:15-7:15 am and Thursday's 4:00-5:00 pm, except holidays.

Classes are taught by a personal trainer that can modify exercises to your abilities.

Current class attendance is low. If you have ever wanted to work closely with a personal trainer, now is your chance to do so, for free. Classes are offered for Dr. Bobby's patients that have already had surgery. If you have not yet received your gym pass to get into class, simply reply back to this email.

[Dietitian's Blog](#)

