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We are pleased to announce that as of September, we will be offering a free bariatric fitness class at Eisenhower Medical Center in Rancho Mirage to all of our patients.

We would like to provide a class during a time most people can attend. Currently offered times are:  
Tuesday/Thursdays at 6:15 am - 7:15 am  
or Tuesday/Thursdays 4:00 pm- 5:00 pm

Please reply back to this email with a time that fits best into your schedule. If none of these times work for you, please reply back with times that you would be available.

If you currently attend the fitness class in Palm Springs, please be advised that this class will be discontinued after the month of August.

Sincerely,

Bobby Bhasker-Rao MD, FACS  
Bariatric Surgeon  
Lite Life Surgery