

Dr. Bobby's March Bariatric Bulletin

"I recognize that I alone am responsible for my successes and my failures" - Colleen M. Cook, weight loss surgery supporter and motivational speaker.

Support Group

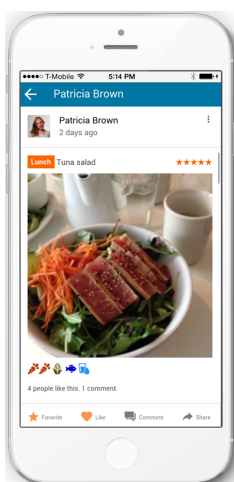
March Support Group Meeting

This month's Support Group for Weight Loss Surgery will be held Monday March 14th at 6:30 pm in the Annenburg Classroom at Eisenhower Medical Center in Rancho Mirage California. This month we will be welcoming Dr. Lombardo, a Board Certified General and Cosmetic Surgeon. She has been practicing cosmetic surgery in the Palm Springs Area since 2008. Dr. Lombardo will be coming to talk about the options weight loss surgery patients have after significant weight loss.

[Click here to read this month's Blog post by the Registered Dietitian](#)



Feature



Feature App

Meallogger is a free app that helps you track food intake by simply taking a picture of it. No more tedious entries of everything you ate. This is a fun and interactive app that allows you to join groups for more education, motivation, and accountability.

[Check out the App Here](#)

Feature Recipe

High protein ice cream. Need we say more? Simply throw frozen fruits in a food processor with whey protein, unsweetened unflavored almond milk, and a little vanilla extract. Chose different fruits for more variety. Easy, healthy, everyone will want try it.

[Find the Recipe Here](#)

Featured Product

Bariatric Advantage is a company that creates products for after weight loss surgery. They carry a variety of products to meet everyone's tastes and needs. Multivitamins come in chewable, capsule, and liquid forms.

[Check out All of their MultiVitamins here](#)

New and potential patients depend on your opinions when choosing a weight loss surgeon. Follow the link below to leave a review about your experiences with us. [Click to Write a Review on Yelp](#)